



**“THANKSGIVING!”**  
From Whom All Blessings Flow  
Ed Noble, November 29, 2009

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<sup>23</sup> “For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was betrayed took bread; <sup>24</sup> and when He had given thanks, He broke it and said, ‘This is My body, which is for you; do this in remembrance of Me.’ <sup>25</sup> In the same way He took the cup also after supper, saying, ‘This cup is the new covenant in My blood; do this, as often as you drink it, in remembrance of Me.’ <sup>26</sup> For as often as you eat this bread and drink the cup, you proclaim the Lord’s death until He comes.”

*1 Corinthians 11:23-26*

**CONFESSION** – The real you communing with the real God.

“But a man must examine himself, and in so doing he is to eat of the bread and drink of the cup.”

*1 Corinthians 11:28*

- Not: “I’m sure I can find something.”
- IS: Pause, reflect examine!

<sup>23</sup> “Search me, O God, and know my heart; Try me and know my anxious thoughts; <sup>24</sup> And see if there be any hurtful way in me, And lead me in the everlasting way.” *Psalm 139:23-24*

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**GIVE THANKS** – Naming and recognizing the goodness of God showing up in your life.

“Give thanks to the LORD, for He is good, For His lovingkindness is everlasting.” *Psalm 136:1*

- All of our blessings flow from the cross of Jesus!

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**PREACH IT!** – We remember those that aren’t at the table...yet!

- Not over ’til...
- The “moment” that is right in front of us!

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*For Ed’s Blog:  
[edsjourney.org](http://edsjourney.org)*

*For more visit:  
[journeycommunitychurch.org](http://journeycommunitychurch.org)*